

FamiliesFirst

Supported Parents • Thriving Children • Resilient Families

Families First Parenting Programs provides useful information for anyone raising children. We offer parenting consultations, parenting workshops and presentations, divorce/separation support, continuing education workshops for professionals, a lending library, and support groups.

Families First was established in April 1994 to bring affordable and accessible parent education to families of all backgrounds in Western Montana. We are founded on the philosophy that all parents can benefit from parenting support. When parents share their concerns, challenges and successes with each other and with parent educators, they become more confident and effective parents. Expanding our commitment to children and the people who care for them, Families First established the Children's Museum in 2002. The Children's Museum encourages positive parent/child relationships and provides an environment which fosters positive parenting through interaction, exploration and play. Together Parenting Programs and the Children's Museum offer valuable resources to families in Western Montana.



815 E. Front Street, Suite 3, Missoula, MT 59802
406.721.7690

www.FamiliesFirstMontana.org

Non-Profit Organization
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Permit # 569
Missoula, MT 59801



RAISING PEACEMAKERS

A Continuing Education Event For All

Friday, October 1, 9am - 4pm
Ruby's Inn & Convention Center,
Missoula



Families First strengthens our community by empowering families with parent education and learning through play.

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Workshop 1: *Kelso's Choice* 9am - noon

Presented by : Diane Hipp, C.P.S.

Kelso's Choice Conflict Management for Children is a powerful and timely tool for building life skills for children in today's world. The program philosophy is simple: each child is smart enough and strong enough to resolve conflict.

Kelso's Choice empowers children to use the skills of conflict management in school, in the community and at home. The curriculum is easily adapted to a variety of settings: school-wide, classrooms, small groups, homes, and individual counseling.

About The Speaker:

Diane Hipp, C.P.S., is a Certified Prevention Professional and the co-creator of *Kelso's Choice*. The curriculum is being implemented throughout the United States and internationally. Her arenas of work have included elementary and secondary prevention education, parenting education, prevention curriculum development and community substance abuse prevention program management. Diane has provided extensive training and technical assistance to schools and community coalitions in strategic planning, implementation and evaluation of evidence-based substance abuse prevention. Translating research into practice, she has guided diverse communities in capacity building, community mobilizing, strategic planning and evaluation of prevention initiatives. Diane has worked in urban, rural, Alaska Native, frontier and reservation communities in 48 states. The balance in her life is her partner David, her children, and grandchildren. Together they enjoy adventures in the great outdoors.



Workshop 2: *Steps To Respect* 1pm - 4pm A Bullying Program Prevention Program

Presented by : Amy Foster Wolferman, M. Ed & Marcy Otten, M. Ed

The research-based *Steps To Respect* program teaches elementary students to recognize, refuse, and report bullying, be assertive, and build friendships. It has been determined that the program led to a 31 percent decline in bullying and a 70 percent decrease in destructive bystander behavior.

Steps To Respect lessons can help kids feel safe and supported by the adults around them so they can build stronger bonds to school and focus on academic achievement. The program supports school staff too, with school wide policies and training. Everyone can work together to build a safe environment free from bullying. Parents will appreciate learning how to identify bullying behavior and having the skills to support their children.

About The Speakers:

Marcy Otten serves as the Coordinator of Research and Service at the Institute for Educational Research and Service (IERS) where she works to ensure that grant goals and objectives are met. She also provides professional development to early childhood and early elementary school professionals across the state in the areas of school safety, playground safety, bullying prevention, and positive behavior supports.

Amy Foster Wolferman provides technical assistance to educators and other school personnel in school safety issues including positive behavioral supports, bullying prevention, suicide prevention, social skill building, language and literacy development, and safety assessment. Amy has a background in early childhood education, special education, and working with youth in the outdoors.

To Register:

Please fill out the form below and return to:

Families First
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Suite 3
Missoula, MT 59802

or call to register 406.721.7690

Event Time & Location:
Friday, October 1, 9am - 4pm
Ruby's Inn & Convention Center
4825 North Reserve Stree, Missoula

Please complete the form below and return to Families First:

Name	Phone #
Address	Email:

\$65 Please register me for the entire event, including lunch.
 Vegetarian Lunch
 \$40 Please register me for: (please check box)
 Kelso's Choice *Steps To Respect*
 Please include lunch (\$10 additional charge) Vegetarian Lunch
 Check Enclosed
 Credit Card Information Enclosed:

Visa Mastercard
 Credit Card Number: _____ Exp. Date: _____
 Security Code (3 digits on back) _____
 Signature: _____